

ProHandwash Cleaning

Best practice guide



STOP

WASH
20 SECOND
RULE

DRY

GO

INFECTION PREVENTION & CONTROL

**Remember to wash your hands
before and after:**

- Starting work
- Visiting the toilet
- Returning to the kitchen
- Handling waste
- Coughing or sneezing
- Eating
- Smoking
- Handling dirty food
- Touching your face, hair or other body parts
- After each cleaning task
- After each job task

**Help keep yourself, your colleagues
and our customers healthy**



ProTip



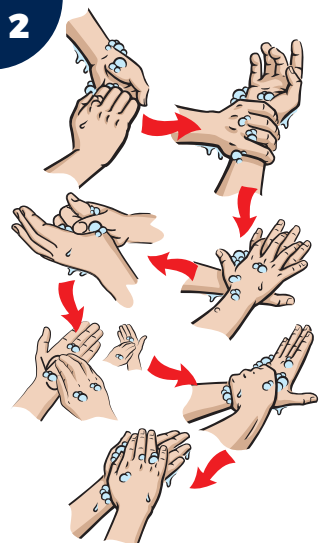
*Always dry your hands
after washing them. Damp
hands are 1000x more
likely to spread bacteria
than dry hands*

1



Wet hands before applying soap. Dispense one measure of Dove hand soap.

2



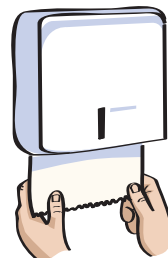
Rub hands, fingers and thumbs, wrists and forearms for 20 seconds.

3



Rinse.

4



Dry hands thoroughly.

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